Itinerary for 10-09-2015

<u>Chaparral XC Invitational</u> <u>"Runnin' Under the Lights"</u>

<u>Report to the Field House at 4:40pm. We will issue uniforms</u> <u>and the bus is leaving at 5:00pm.</u>

Site: Southeast Metropolitan Park, 4511 Hwy 71, Del Valle, TX 78617 (map and directions on back).

Course: Races will take place Friday with varsity races under the lights. We hope to create a great racing environment and one that the athletes will remember. Junior High runs 2 miles. All other Divisions will run 5K, flat course consisting of grass, some gravel trail, and two pavement crossings.

Schedule:	5:00 pm	JH Girls	2 mile
	5:25 pm	JH Boys	2 mile
	5:50 pm	Freshman Girls/Boys	5K
	6:30 pm	JV Girls	5K
	7:00pm	JV Boys	5K
	7:30 pm	Varsity Girls	5K
	8:00 pm	Varsity Boys	5K

*First race starts at 5:00pm, with a rolling start...all times are approx.

Awards:

Team Championship Plaque	All Divisions
Team Runner-up Plaque	Varsity Only
Individual Medals	Top 10 in each division

The Triple Crown Award will also be given to school with best combined Varsity, JV, and Freshmen team finishes

We should be back at the school at about 9:00pm.

Directions from:

793 Union Chapel Rd Cedar Creek, TX 78612

Take Hwy 71 W from CCHS. After 9.2 miles, Turn Right onto Ross Rd. Boom! You're there.

Course Map

